



Vale Snowy



It is with great sadness that we report the passing of one of Hanging Rock's most beloved kangaroos, Snowy.

Snowy called Hanging Rock home for nearly twenty years. She was rescued from the pouch after her mother was hit by a car and was cared for by a local wildlife rescuer until she was old enough to be released back to the mob which lives around Hanging Rock.

Over time the rangers noticed the pale-grey kangaroo kept following them around. Even though Snowy spent most of her time in the reserve amongst humans, she was still very much part of the mob as she had many joeys over her life. She'll be sadly missed.

Keep the cameras rolling!

On 3 May Hanging Rock hosted the cast and crew of the "Ride Like a Girl" film as the set for country racing venues in the movie about 2015 Melbourne-Cup-winning jockey Michelle Payne. Actors Rachel Griffiths (directing), Sam Neil, Teresa Palmer and numerous others with extras spent a day recreating Michelle's early racing experiences, and Snowy was there looking on.

SUBMITTED BY HELEN RELPH

Photos by Helen Relph



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CALENDAR: Just send the
details to content@newwoodendstar.org.au

— June —

- 3 Jazz Band, RSL
- 6 Woodend Warblers
- 6 Go Green Building Workshop
- 7-8 One Act Play Festival, Mt Players
- 8 WWAFF Fireworks Display
- 8-11 Woodend Winter Arts Festival
- 10-11 Food & Wine Festival Redesdale
- 9-11 Woodend Art Group Exhibition
- 13 Macedon Ranges Film Society
- 13 Woodend Warblers
- 17 Rock and Roll at the RSL
- 17 Comedian Jimeoin Kyneton Rown Hall
- 19 Conversations Is the Price Right.
- 20 Knit & Natter
- 20 ICE information Forum
- 20 Woodend Warblers
- 15 Community lunches, RSL
- 22 Community Lunches, RSL
- 22 RSA Course WNH
- 27 Woodend Warblers

— July —

- 1 Jazz at the RSL
- 4 Woodend Warblers
- 10 Macedon Ranges film Society
- 15 Rock & Roll RSL
- 18 Knit and Natter
- 18 Macedon Ranges Film Society
- 11 Woodend Warblers
- 18 Woodend Warblers
- 25 Woodend Warblers

Log Cabin Café

The Queen's Birthday weekend will once again see the 'Log Cabin Café' open its doors during the Woodend Winter Arts Festival.

This 1st Woodend Scout Group 'pop-up café' will be offering Devonshire tea/coffee, light lunches (including steaming bowls of homemade soup) and refreshments..

The atmosphere within our rustic Log Cabin promises to be warm and inviting - whether it is for a hearty lunch, an afternoon tea or a quick cuppa in our conversation nook - perfect for a break amid the events of the Woodend Winter Arts Festival, or a family outing.

This year's profits go towards sending our Scouts and their leaders to the Jamboree being held in South Australia in January 2019

Log Cabin Café: 41 Forest Street, Woodend
Open 11am to 4pm Sat 9, Sun 10 and Mon 11 June 2018

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*Woodend's
Rain report*

The big dry continues!

Month	2013	2014	2015	2016	2017	2018	av 5yr
January	3.9	19.2	61.4	35.3	27.8	80	37.93
February	97.4	11.2	41.6	14.3	26.5	3.8	19.48
March	53	49	26	47	23.7	31.7	35.48
April	20.5	84.1	39.4	36.2	165	31	38.14
May	47.2	46	68.7	101.2	38.6		60.34
June	147.8	122.3	39.5	98.8	10.6		83.80
July	101.8	79.3	95.3	186.6	60		104.6
August	116.4	32.7	50.7	107	119.6		85.28
September	85	55.9	44	163.6	55.2		80.74
October	75.6	49.6	12.9	91.8	45.8		55.14
November	67.2	53	41.3	63.2	77.4		65.20
December	35.2	36.6	41.7	92.8	77.2		60.45
Total mm	851	627.7	479.5	1037.8	728	146.4	594.6

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Remember the great war with St Ambrose Parish School on this Anzac Centenary

On Wednesday 9 May, St Ambrose Parish School, one of the 600 Primary Schools participating in the National Trust of Australia (Victoria) Gallipoli Oaks Project, planted its very own special oak tree within the school grounds.

During the ceremony school captains Declan and Faith recited 'In Flanders Fields', after which the Gallipoli Oak was planted by returned serviceman and Parish Priest Father Martin Fleming. Father Martin enlisted in the Australian Army in 1988, serving as RC Chaplain to various units in Australia before being posted to Somalia. Father Martin served in Baidoa and Mogadishu on Operation Solace from January to May 1993 as 1 RAR Group Chaplain. Father Martin left the Army and returned to Parish life at the end of 2004.

After the planting, 'The Ode of Remembrance' was read by sport captain Fletcher with our other sport captain Charli leading the minute's silence which concluded the ceremony ..LEST WE FORGET

Background to the Gallipoli Oak Project

"At the core of this project is the story of how a young Australian soldier, Captain Winter Cooke from Murndal near Hamilton, while stationed at Gallipoli, noticed some unusual holly bushes that had acorns like oak trees", explains Mr Simon Ambrose, CEO at the National Trust of Australia (Victoria).

"Captain Winter Cooke remembered that his Uncle Samuel in Hamilton was a bit of a tree enthusiast, someone who would be interested in these rare acorns, and so sent a package of acorns to him from Gallipoli almost 100 years ago."

"Schools will plant seedlings that are direct descendants of those acorns from Gallipoli, and in doing so will have their own direct link to the environment that the soldiers endured during the campaign."

Kristin Stegley OAM, Chairman of the National Trust of Australia (Victoria) said the planting of over 600 special Gallipoli Oaks during the Anzac Centenary will create enduring, living memorials in schools all across Victoria.

"Our project demonstrates the National Trust's and the community's commitment to the passing on of the

Gallipoli history from generation to generation, as well as teaching an important environmental message about caring for our significant trees," he said.

The National Trust of Australia (Victoria) Gallipoli Oaks Project has been made possible by the Victorian Government's ANZAC Centenary Community Grant program and the assistance of many other generous sponsors and supporters.

SUBMITTED BY MICHAEL PORTELLI



Photo: Father Martin Fleming planting the Gallipoli Oak

Message from Councillor Jennifer Anderson



It feels like Winter is already here in Woodend: scant Autumn leaves remain, the wind is blowing colder and finally we have some rain! The heaters and wood fires are well and truly burning.

We have another amazing line-up for this year's Woodend Winter Arts festival to look forward to.

Councillors have been busy looking at budget submissions, and will hopefully endorse a final budget mid June. Thank you to those who made a submission.

The process of working with the State government on the Localised Planning Statement continues.

Many things Council is currently dealing with are long term future planning projects for the Shire, so hard work goes on behind the scenes from dedicated community members, council staff and Councillors, but it can take some time before results are known.

Stay warm and safe on the roads. If you are walking or cycling make sure you are well lit and wearing multiple layers.

The crisp clear days of late Autumn in Woodend are some of my favourites, especially as it brings the festival.

Take care,
Jennifer

SUBMITTED BY JENNIFER ANDERSON MAYOR, MACEDON RANGES SHIRE COUNCIL



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The Mount Players Happenings



Our 15th annual One Act Play Festival will run over the weekend of 7 – 8 July. An assortment of short plays will be staged across the weekend, winding up on Sunday afternoon with awards presented by a guest adjudicator. A great opportunity to nestle in and enjoy a variety of short plays. Come for a session or make a weekend of it. Full details can be viewed on our website www.themountplayers.com tickets only available at the venue.

Our second show, Love Letters, enjoyed a very successful season and was well received by our patrons. Congratulations to Frank Harvey and his actors, Darren Gregor & Jackie Harvey for presenting us with such a lovely piece of theatre.

Our musical this year, Les Miserables, will open in August. Record ticket sales over the past month will ensure all 20 shows enjoy full houses. If you haven't yet booked I suggest you go straight to our website www.themountplayers.com.au and secure a seat! See you at the theatre.

SUBMITTED BY KAREN HUNT

PS My Family Matters...

extends psychosocial peer support services

Local charity PS My Family Matters [PSMFM] is now offering peer support throughout the Macedon Ranges, with the launch of a peer support service based in Cobaw Community Health's offices in Kyneton.

"Based on national statistics, we believe that there are approximately 3500 people who are caring for a family member or loved one with a psychosocial illness," said Tamara Wilson, president of PSMFM. "Unpaid and often working very long hours, these carers are offering an extraordinary level of care, often to the detriment of their own quality of life and wellbeing."

The opening of the new peer support service now means that PSMFM offers support services across the whole of the Macedon Ranges including

Woodend, with peer support co-ordinators located in Gisborne and Kyneton.

"Over the last two years, we have seen a significant increase in demand for our services," said Tamara. "We have a need for more peer support volunteers and would be pleased to hear from people who would like to be involved."

If you are interested in becoming a peer support volunteer, please contact PSMFM on either 0412 183 635 or 0475 269 965.

PSMFM will also be running its regular Coffee for Carers get together at the Kings Café Romsey on 5 June and 3 July and at the Kozy Café, Neal Street Gisborne at 10am on 18 June. All are welcome.

In you need immediate support or assistance contact Lifeline on 131 114.

SUBMITTED BY MIKE HAMER 0411 549 432

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The Fireworks are set...

to kick off
the Woodend Winter Arts
Festival for the Queen's
Birthday Long Weekend

BYO beanies, gloves, big woolly knits and coats for the free fireworks which make it possible for everyone to enjoy the Woodend Winter Arts Festival. They're on again for 2018 - opening night, Friday 8 June at Buffalo Stadium.

From 5.30pm food trucks, community organisations, schools and local clubs and groups will be there with the countdown to fireworks at 6.30pm. Athol Guy will be emcee, with entertainment by the Castlemaine Highland Pipe Band, and the VCE performance students from the Alice Miller School.

A very special thank-you to the volunteers from the local emergency services for assisting with traffic management on the night.

Many of our furry friends are frightened by fireworks.

Please secure your pets at home if you will be out for the evening. And of course, if you find any pets who have managed to escape, please keep them safe until their owners can be located! Full details of the Festival program, and ticket purchases are available at www.woodendwinterartsfestival.org.au

SUBMITTED BY: WOODEND WINTER ARTS
FESTIVAL COMMITTEE

LISTEN with your EYES

The Macedon Ranges Art Trail is hosting a preview of work by 30 artists before the opening of the Woodend Winter Arts Festival on Friday, June 8.

'Listen with your Eyes' is a visual art exhibition reflecting the themes of Woodend, Winter and Festival. The artists have been invited to interpret one or more of the themes.

Located at the Woodend Tennis Club, behind the visitor information centre, MRAT welcomes people to drop by the exhibition from 5pm and enjoy a festive drink before moving on to the fireworks at Buffalo Oval. Leave your vehicles near the tennis club and stroll to the spectacular display that has become an annual highlight on the town calendar.

The art exhibition will run on Saturday, Sunday and Monday from 10am to 4pm. All work will be for sale including paintings, ceramics, origami, photography and jewellery. Among the artists participating are several who have won the major prizes at recent shows including Helen Cottle, Kathy Medbury, Lynn Munn and Shay Downer.

Donations are appreciated in lieu of an entry fee to support MRAT's ongoing promotion of local artists.

SUBMITTED BY NADINE HARTNETT

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Words and ideas from the Macedon Ranges and beyond in every style, for every age

Authors from our region and some from further afield - including a former senior government Minister and a leading Australian slam poet - will converge in Woodend for the Words and Ideas program of the Woodend Winter Arts Festival.

The Macedon Ranges has long proved fertile ground for writing talent, and the latest crop of published women authors proves this.

The works of local GP Dr Susi Fox (recently-published debut novel *Mine*), Kirsty Manning (*The Midsummer Garden* and *The Jade Lily*) and Dee White (teacher and author of 16 books for children and young adults and numerous articles, short stories and poems) will all be grist for the mill when the three come together to discuss how they got published in the first place at this year's Woodend Winter Arts Festival.

The three authors promise a lively exchange about the realities of bringing a work to life on the page, negotiating the publishing process and then exposing it to the world.

Kirsty Manning's second book (*The Jade Lily*) has recently been sold into North America, Germany and The Netherlands, and will be published in Hebrew. Dr Susi Fox's debut novel has attracted the interest of critics everywhere with her 'what if' story about waking up from a caesarean with the awful instinct that the baby you have been presented with is not your own.

"These three talented writers have approached their craft in very different ways and produced very different kinds of books. They have different life experiences and are at very different stages of their development as authors," said Sheila Drummond, one of the duo (with husband Don) who are responsible for the Festival's lively, star-flecked Words and Ideas program line-up.

Children's session - Bird & Bear & Friends - Ann James at Woodend Library, 10.30am Saturday 9 June (Free but bookings essential)

Write Right Now - Poetry Workshop with award winning Australian poet and spoken word performer Emilie Zoey Baker at Woodend Library, 2pm, Saturday 9 June (\$45 / \$40 concession. Places limited)

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Poetry at the Pub - Emilie Zoey Baker at The Victoria Hotel, 5.30pm Saturday 9 June (Free but bookings essential)

Australia Adrift - with Don Watson, Craig Emerson and Sally Warhaft at Woodend Community Centre, 10am Monday 11 June (\$20)

Walking and Writing the Camino with husband-and-wife writing team Graeme Simsion (*The Rosie Project*) and Anne Buist (*Natalie King thrillers*) have walked the Camino twice. Woodend Community Centre, midday Monday 11 June (\$20)

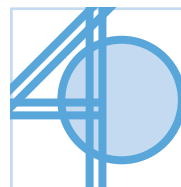
Words from Woodend, a panel featuring Dr Susi Fox, Kirsty Manning and Dee White, Sunday 10 June, 10am - 11am. Tickets \$20.

The Woodend Winter Arts Festival is held over the Queen's Birthday long weekend - 8 - 11 June, with free Fireworks on opening night (8 June) at Buffalo Stadium in Woodend. Full details of the Festival program, and ticket purchases are available at www.woodendwinterartsfestival.org.au

SUBMITTED BY: WOODEND WINTER ARTS FESTIVAL COMMITTEE



Picture: A Festival favourite returns for 2018 - slam poetry at the pub with award-winning Australian poet and spoken-word performer Emilie Zoey Baker, who is also running a writing workshop.



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Brazilian rhythms, Bach in the dark and Arabic improvisation

Fancy a bit of Bossa-Nova followed by entertaining musings on life and death? You can have them both at this year's Woodend Winter Arts Festival with two very special productions featuring a supremely talented guitarist Chrystian Dozza and the comedic talents of Max Gillies.

Chrystian is one of the leading lights of the new generation of Brazilian musicians, keeping alive the life-affirming rhythms of Brazil while making this rich musical legacy his own. Described as one of the most exciting classical/Brazilian guitarists internationally, his performances promise to be a masterclass in technique.

Equally talented as a composer, Chrystian's own works reflect Brazilian, popular and folk influence. Originally introduced to the guitar by his father, he went on to study music and win several awards. He currently teaches as well as performing solo, with a chamber music group, and with a guitar trio. He made his North American debut with International Guitar Night early in 2017.

When it comes to sharp, sometimes profound, observations, delivered with wit, Max Gillies is a master. He appears at the Festival in two program events. Once Were Leaders draws on scripts from Max's archive written by Patrick Cook, Guy Rundle and Don Watson (who will also feature at the Festival in the Australia Adrift Panel with Craig Emerson). In the two performances, Max will consider the leaders and the times when leadership meant something more inspirational, and occasionally diabolical.

The second show will feature Max as mad King Ferdinand VI of Spain, patron of Domenico Scarlatti, dotted with performances by Festival Artistic Director Jacky Ogeil, as Queen Maria Barbara, of virtuoso Scarlatti sonatas.

"I commissioned this show with writer Rodney Hall in 2004 with the idea that history is often funnier or more outrageous than anything we could invent," said Jacky. "Scarlatti's mad King patron provides us with some hilarious moments. This method of having a pseudo historical setting to the performance of Scarlatti sonatas also provides a fun social, political and historical setting to the music."

Set in heaven (as is appropriate where the fabulous sonatas of Domenico Scarlatti are concerned), King Ferdinand VI of Spain amuses himself, reading a biography of Scarlatti by the American scholar Ralph Kirkpatrick.

He comments on its accuracy, including the days when his friend and favourite Farinelli—the celebrated castrato—carried enormous influence at court. And he bemoans the loss of his dear wife Maria Barbara.

In fact, after a long and childless marriage, it is thought that the death of his beloved wife was what sent him mad. For the last year of his life he wandered the palace gardens in his nightshirt, talking to himself. He had nevertheless presided over a prosperous period in Spanish history and

earned the nickname the Devout Tyrant.

The colourful title of *The Bluebird*, *the Mystic and the Fool* is more than fitting for the single concert performance of Joseph Tawadros. This master of the Oud, a Middle Eastern lute, and four-time ARIA award winner will present entirely original work. Known for energetic and evocative performances, he performs with his jazz quartet and with orchestras such as Australian Chamber Orchestra, the BBC Symphony Orchestra, Melbourne and Sydney Symphony Orchestras. This is an incredible opportunity to see an extraordinary musician who grew up in Sydney but was born in Cairo and now lives in London.

If something a little darker, but still uplifting, is your preference, *Bach in the Dark* is just the ticket – one performance only featuring Lucinda Moon by candlelight performing Bach's glorious Sonata in A minor (BWV 1003) and the much-loved Partita in D minor (BWV 1004) in the beautiful interior of St Ambrose Church.

***Brazilian Guitar with Chrystian Dozza** at St Ambrose Church, Saturday and Sunday, 4pm (\$40 / \$35 concession / \$20 child)

***Life in Death & Death in Life** with Max Gillies & Jacqueline Ogeil at St Ambrose Hall, Saturday and Sunday, 7.30pm (\$45 / \$40 concession)

***The Bluebird**, *the Mystic and the Fool* with Joseph Tawadros at St Ambrose Church, Sunday 10 June, 7:30pm – One concert only (\$45 / \$40 concession / \$25 child)

***Bach in the Dark** with Lucinda Moon at St Ambrose Church, Opening night, Friday 8 June, 9pm – One concert only (\$40 / \$35 concession / \$20 child)

The Woodend Winter Arts Festival is held over the Queen's Birthday long weekend – 8 - 11 June, with free fireworks on opening night (8 June) at Buffalo Stadium in Woodend. Full details of the Festival program and ticket purchases are available at www.woodendwinterartsfestival.org.au

SUBMITTED BY: WOODEND WINTER ARTS FESTIVAL COMMITTEE



Picture: Chrystian Dozza is one of the leading lights of the new generation of Brazilian instrumental musicians, performing at this year's Woodend Winter Arts Festival.

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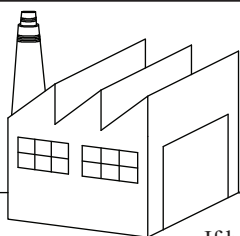
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Nominate someone for the 2018 Victorian Senior of the Year Awards

Do you know an older person who makes a difference in your local community? Recognise the valuable contribution that seniors make by nominating them for a 2018 Victorian Senior of the Year Award.

The awards acknowledge older Victorians who volunteer to assist, support and encourage others in their communities. Nominations are also being accepted for community organisations or businesses that make Macedon Ranges more age-friendly by including older people and promoting positive attitudes towards ageing and older people.

The 2018 Victorian Senior of the Year Awards highlight the role of seniors who inspire others as mentors, educators, role models, leaders, or behind the scenes workers. Nominees are assessed on their volunteer contribution and achievements since reaching the age of 60.

The award categories are:

- Premier's Award for Victorian Senior of the Year
- Promotion of Multiculturalism Award
- Healthy and Active Living Award
- Veteran Community Award
- Council on the Ageing (COTA) Victoria Senior Achiever Award
- Age-Friendly Victoria Award.

For more information on the awards or to pick up a nomination form, visit www.seniorsonline.vic.gov.au or call Stephanie on 5422 0258.

Nominations close on Friday 20 July.

Award winners will be announced at a ceremony to be held at Government House during the 36th Victorian Seniors Festival in October.

SUBMITTED BY LEANNE MANTON, MRSC

Get inspired and go Green

If you're planning to build or renovate, or have an interest in sustainable building design, you're sure to enjoy Council's free sustainable building information workshops.

The session on 6 June in Woodend will introduce you to the basics of passive design. These strategies incorporate natural sources such as sunlight to heat and ventilation to cool a building, instead of relying on costly alternatives that require gas or electricity.

The information sessions will be hosted by Council's Felicity Houghton, who's

also a qualified sustainable building designer.

At the workshop you'll learn more about sustainable design principles, including:

- Home orientation,
- Location and size of windows and their influence on temperature, Shading, How to harness a home's thermal mass and Insulation.

Sessions will be held at 7pm on: Wednesday 6 June, Woodend Neighbourhood House, 47 Forest Street

For more information or to book your place, call Felicity on 5421 9829 or email lpolzot@mrsc.vic.gov.au

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SUBMITTED BY LEANNE MANTON

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Youth Mental Health First Aid Training for Men

Macedon Ranges Shire Council is offering its award-winning Youth Mental Health First Aid training course specifically for men during July and August.

This hands-on program is focused on how to give initial help to young people who are in a mental health crisis situation or in the early stages of a mental illness. The course will be held from 6pm-9.30pm on Tuesday 17, 24 and 31 July, and 7 August, at Holgate's Brewery in Woodend.

The 14-hour course will cover topics such as anxiety, depression, psychosis, alcohol abuse and other drug issues, and eating disorders.

Mayor, Cr Jennifer Anderson said the course offered attendees the opportunity to learn more about the complexities of mental health and take home tools on how to

support young people in a crisis.

"The transition from teenager to adult is an incredibly tricky one - and it's often the time when mental health issues can arise.

"To be able to support a young person through a mental health crisis through learning a few key strategies is really important, and something we should all be looking to do.

"If we can develop the tools to be able to help young people feel supported, rather than alienated when they're experiencing difficulties, the whole community benefits."

To find out more information or book your place, visit mrsc.vic.gov.au/live-4life, phone Loren Polzot on 5422 0275 or email lpolzot@mrsc.vic.gov.au

SUBMITTED BY LEANNE MANTON

Heritage study to evaluate sites of significance Macedon Ranges Shire

Council is currently working on a heritage study which will review sites of heritage significance within the Lancefield, Woodend, Macedon and Mount Macedon townships.

Council's commitment to identifying, conserving and protecting heritage assets is recognised in its 2014-2018 Heritage Strategy, which was adopted in 2014.

The first stage of the Lancefield, Woodend, Macedon and Mount Macedon study has begun, with the start of a review of 54 potential heritage sites previously identified as having some heritage significance.

The second stage of the study will involve more detailed research into the selected sites to determine what the heritage elements are, how they contribute to the heritage place, the level of significance of each site and whether a site should have protection via the Macedon Ranges Planning Scheme.

All sites would be evaluated using assessment

criteria commonly used in Australia. Sites which meet this assessment criteria are recommended for heritage protection.

Following the completion of the study, a planning scheme amendment will be sought to apply a Heritage Overlay on properties assessed as being of heritage significance.

Council's 2014 Heritage Strategy recognises that Council has built on past heritage studies and provided Heritage Overlay protection for 278 places, including precincts in the towns of Woodend, Romsey and Lancefield and numerous other individual sites.

Council adopted a heritage study for Gisborne and Kyneton which identified a further 38 sites for protection.

The adopted study is currently informing a planning scheme amendment to protect these sites. For more information on the heritage study, visit mrsc.vic.gov.au/C124 or call 5421 0704.

SUBMITTED BY LEANNE MANTON

We love your photos!

Seen something amazing in the Macedon Ranges? why not share your photos with the wider community? Send them in with a description of where and when.

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"Knit & Natter"

Knit & Natter takes place at 11 am on the 3rd Wednesday of every month at the Norma Richardson Hall.

Knit for those who are struggling with homelessness, ill health or unemployment. If you can't knit, we also need people to sew blanket squares, or we can teach you to knit if you are interested.

The next meeting date is 20 June, BYO lunch. Enquiries to Carol Barker ph. 5427 2669

Red Cross

Have you seen our lovely new Facebook page?
It's a lot more complicated than just having a personal page and sending jokes to one's friends. As we are only a couple of months into the experience there have been tears, tantrums and rude words, but gradually the tool is becoming more familiar.

Request number 1. If you have topics, advice, objections, pictures (especially), or anything else suitable to our new

communication tool, PLEASE let us know. Contact numbers of our Office Bearers are displayed at our window at Coles, and messages are welcomed. We really want to know what you think.

Request number 2. Winter has arrived - It's perfect knitting weather, so my hopes are high for old and new Trauma Teddy producers to polish their needles and overwhelm me with their handiwork! We have a couple of exciting new projects in the works - more of that soon. Plus, there will be a workshop at the Neighbourhood House, date to be announced any day now!

Keep warm - knitting is great for that!

SUBMITTED BY ROBYN GRANT 0407049190



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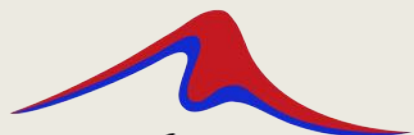
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Business in Focus

JS Law - our local law firm

This established local business has operated in Woodend and Bendigo since 2012 and recently relocated their Woodend office to 81G High Street Woodend, down the little laneway next to Village Larder Cafe (to share premises with MPW Lawyers).

Principal Lawyer Juliana Smith and Associate Lawyer Heidi Keighran are Macedon Ranges residents of many years and regularly provide advice, legal support and if necessary representation in State and Federal Courts and at mediations. Juliana and Heidi are supported by an experienced team who pride themselves on providing expert advice in a respectful supportive environment.

The firm primarily undertakes work in the area of criminal law and family law property and parenting matters, including support of those experiencing difficulties relating to family violence.

Both Juliana and Heidi attended regional secondary schools and are passionate about supporting regional secondary students and law students in their studies. JS Law provides opportunities for placement and work experience. For the past ten years many Macedon Ranges students have gained an insight into law by participating in placement at the firm.

Juliana is the current President of the Bendigo Law Association which is actively advocating for an upgrade to the Magistrates Court in Bendigo.

Visit the website: www.jslaw.com.au



SUBMITTED BY JULIANNA SMITH

CWA quilting for a cause

The Macedon CWA patchwork and quilting group Macedon Ranges meet monthly, and each year they make a quilt to be donated to a local organisation. This year we have given the quilt to the Very Special Kids Glen Osmond farm, Woodend. Janet and Bernie Hawkins set up a holiday retreat on land they donated that is now used by families with very ill children to have a holiday. All the facilities are disabled-friendly, and much appreciated by these

families who get to have a holiday stay.

The Quilt is being raffled and you can buy a ticket at many of your local shops to raise much needed funds.

photo are Rosemary Wilkinson [left] and Janet Hawkins.



SUBMITTED BY HELEN LAIRD

Woodend Library news

Books and libraries go hand in hand. Yet if you've visited a Goldfields library recently, you will have noticed that while books are still a big part of what we offer, they are not the whole story.

At Goldfields Libraries we like to define a library as a place where communities explore, engage and create. Our libraries are all about people. They are about providing a welcoming and inclusive space for learning, creating, working, relaxing or connecting. They are about access to information, collections and technology. They are about free wi-fi, a seating area, heating and friendly staff. They are about programs that bring fun and enriching activities to local communities.

Bird & Bear & Friends with author - illustrator Ann



James

As part of the Woodend Winter Arts Festival Ann James will read stories and show us how she creates characters for her books. This session is aimed at children up to 8 years old. Bookings required at www.goldfieldslibraries.com

Winter school holidays

Look out for school holiday fun - program out mid June. See our website for details www.ncgrl.vic.gov.au

Scam Savvy information session

"IF IN DOUBT DON'T!" That's the message Consumer Affairs Victoria (CAV) is giving older Victorians when

it comes to staying safe online. Learn about common types of scams and how to avoid them so that you can enjoy your time online confidently and safely.



Come along to this presentation and become scam savvy. Call to book a place 5427 2074, or book online at www.goldfieldslibraries.com

Presented by CAV. Thursday 14 June, 2 - 3 pm

IT Help

Do you have a laptop, tablet or mobile phone that you just can't quite figure out? Woodend Library staff offer one-on-one IT help! Call to book a place 5427 2074 or email woodend@ncgrl.vic.gov.au

Have you checked out Freegal in the Goldfields Libraries eLibrary!



Freegal® Music is a free music service giving you access to about 13 million songs, including Sony Music's catalogue of legendary artists. In total the collection is comprised of music from over 40,000+ labels with music that originates in over 80 countries. There is no software to download, and there are no digital rights management (DRM) restrictions. Access to Freegal is limited to patrons of subscribing libraries. www.ncgrl.vic.gov.au/elibrary

SUBMITTED BY LULU COCKRAM

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WINTER WATER TIP

Avoid a frozen water meter this winter

If a frost is predicted, protect your meter by covering it with a container or blanket to keep the warm air in and the cold air out.

That way, you'll be sure to have water in the morning.

To find out more watch our video at WesternWater.com.au/frost



How to avoid a frozen water meter this winter

The recent cold snap and predictions of snowfall for Woodend over the past few days have prompted a timely reminder to protect your water meter this winter.

As we inch ever closer to the colder months, Western Water reminds customers in frost-prone areas to protect their water meter to prevent it from freezing.

"When a water meter freezes, no water can pass through the meter until it thaws out. This can leave some affected households without access to water," says Graham Holt Western Water's General Manager, Customer and Community Relations.

"Not having access to

water for even a short period of time can be extremely inconvenient, particularly hot water for that much-needed early morning shower.

"This is especially so on days where keeping warm before you even get into the shower is a challenge! It's an experience that we don't want our customers to have to face this winter.

"The good news is there are plenty of options for covering your meter, including a large bucket, cardboard or plastic box, half a tyre, a hessian bag or an old blanket. The important thing is to ensure the meter is fully covered to trap the warmer air inside," says Graham.

Whatever cover you choose, remember it also needs to be easily removable for meter reading and maintenance.

More information and

a how-to video are on Western Water's website: WesternWater.com.au

SUBMITTED BY KAREN TRENTINI

Thousands have their say on Western Water's planning

In March 2018 Western Water lodged its price submission with the Essential Services Commission (ESC) for their review.

Close to 6000 customers provided input across a variety of topics for Western Water's price submission.

Mr Brennan says, "We would like to take this opportunity to thank our customers for their significant input into our planning for the future."

"We have heard customer priorities about affordability, quality reliable services and planning for the

long-term. These priorities will continue to be top of mind as work gets under way on our price submission for 2020-2025."

The ESC has released its draft decision on the price submission for public consultation via its website, esc.vic.gov.au, with the final determination to be issued on 19 June, with the agreed plan to be in effect from 1 July 2018.

More information on Western Water's customer consultation can be found at haveyoursay.westernwater.com.au.

SUBMITTED: HATTHEW HUDYK

We love your articles...

please keep them to around 250 words. We will need to edit longer articles for clarity. This ensures that all contributors can be considered for inclusion in The New Woodend Star.

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Maureen Wilson



Sacred Heart tea cup - positive education image

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MRFS movie for 13 June is 'Mustang', the acclaimed Turkish drama. **Directed by Deniz Gamze Erguven**

When five orphan girls are seen innocently playing with boys on a beach, their conservative guardians confine them while forced marriages are arranged.

At our recent May screening members enjoyed the famous multi-Oscar winning film of 1976 'One Flew Over The Cuckoo's Nest'. Members scored it 4.4 of 5.

Macedon Ranges Film Society meets on the second Wednesday of the month at the community centre Woodend

Community Centre. Film notes and an informal supper are part of the evening.

MRFS is a membership-based club.

Enquiries by email to mrfilmsociety@gmail.com or call Lorraine 5427 0921 or Christine 5429 5452

www.mrfilmsociety.org

SUBMITTED BY HENRY SCREEN 0411 418 468

Let's dance

Macedon Ranges Scottish Country Dancers say "Let's dance to a healthier life style" - and while we may not dance one million steps in twenty weeks, we are

having a lot of fun trying to get there! With the cold wet weather upon us it's not always easy to get out for a walk, but dancing is indoors which means we can still enjoy some exercise.

We meet every Thursday afternoon at Buffalo Stadium, Woodend from 1 - 3pm and our dancing is suitable for all ages. So what do you need to get started? Just comfortable clothing and soft flat shoes that you can dance in.

A typical lesson starts with walking around the room in time to music to limber up. Then we do some stretching exercise and after that we take a partner and form a "set", with the more experienced dancers partnering the newer dancers (a set usually consists of three or four couples in a square or longwise formation).

The teacher then tells us the steps we will be doing; each couple will walk through the dance first, before the music starts and we dance. We don't always get it right first time but at least we try! We do several more dances during the afternoon and finish the session with a well-deserved cuppa.

Experienced dancers and beginners are welcome to join us. For further information phone Meg 5427 1100 or Linda 0408 476 317

SUBMITTED BY MEG OSBORNE

Events at Kyneton Town Hall in June

Whether you're after side-splitting gags, conversations on the cost of art, or innovative creations with a ceremonial twist, Council's program of arts and culture events in June will keep you intrigued.

Catch Jimeoin in The Ridiculous

Strap yourself in and be prepared to enter the mind of comedy legend Jimeoin, as the Irish joker visits Kyneton on Sunday 17 June at 8pm.

Performing his new show The Ridiculous, Jimeoin's unique take on the world and observational humour has cemented him as one of the world's best stand-up comedians.

Tickets are \$49.90 adults, \$44.90 concession and \$44.90 groups of six or more.

Conversation: Is the price right?

Craft Victoria and Council are inviting local makers and creatives to a conversation that explores how to put a price tag on creative work.

Join the discussion on Tuesday 19 June from 6.30pm-8.30pm and walk away with a deeper understanding of valuing the handmade and creative. Tickets are \$40. For more information on events and performances or to book tickets, visit mrsc.vic.gov.au/buytickets or call 1300 888 802.

Woodend Art Group - Winter Art Exhibition

Queens's Birthday Weekend on June 9, 10 and 11 will see the Woodend Art Group present a fantastic exhibition of fresh and exciting works of paintings, sculptures and more.

We have been fortunate to secure local and international artists to conduct demonstrations every morning and afternoon over the three-day weekend. Among these are award-winning Richard Chamerski and Daniel Butterworth.

A roaring fire, cup of tea and cake surrounded by amazing art - what more could you want? Pop in between 10am and 4pm Saturday, Sunday and Monday. Gold coin entry and a daily lucky door prize.

Our Winter program of workshops offers some amazing artists teaching oil, watercolour and acrylic painting, silk painting, life drawing, acrylic pouring, hand building clay, pen and ink wash, and encaustic painting.

New Classes on Offer Term 3 with Michael Berry and Daniel Butterworth Check out our website for more information; www.woodendartgroup.org.au or contact Di Fitt on president@woodendartgroup.org.au.

SUBMITTED BY DI FITT



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ICE- get the facts...

develop strategies & find out where to access help & support

The Self Help Addiction Resource Centre in partnership with local charity PS My Family Matters will be running a 'Breakthrough' forum in Woodend at the Brooke Street Clinic, on 20 June, 6-9pm.

'Breakthrough' has been developed to educate the community and families across the state. The aim is to provide strategies to help manage the challenging behaviours around the use of the drug "ice".

Breakthrough provides information on:

- Different types of drug use & why people use drugs
- The effects of "Ice" & other drugs on the central nervous system
- The impact of drug use on both mental and physical health
- How to have a conversation with someone about their drug use
- How to respond to challenging behaviours associated with drug use
- The importance of self-care for family members
- A safety plan for family members
- Alcohol and Drug treatment services in Victoria
- Other professional and support services available

The forum is open to all members of the community and is especially relevant to family members of those with drug dependency issues and any member of the community who wishes to get the facts on "ice".

For more information or to register for the Breakthrough session go to: www.breakthroughforfamilies.com or call: Family Drug Helpline 1300 660 068 (9am to 5pm) or Ice Advice line: 1800 423 238

SUBMITTED BY MIKE HAMER



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45 – 49 years: are you at risk?

Heading toward 50, many of us are already at risk for chronic diseases such as diabetes, heart disease, arthritis, depression, cancer etc.

You can feel well while you have risk factors and even once some chronic diseases have begun.

Medicare allows a once off health assessment for people aged 45 - 49 with a single risk factor.

Consider the following questions:

- Are you concerned about your weight?
- Do you eat many processed foods?
- Would you benefit from more exercise?
- Do you smoke?

- Do you have a family history of chronic disease? e.g. heart disease, cancer, diabetes, asthma, mental health conditions, arthritis etc.
- Do you have high blood pressure?
- Do you have high cholesterol?
- Do you have high blood glucose (sugar)?
- Are you or others concerned about your drinking?

You may be at risk if you answered yes or don't know to any of these questions.

Call reception and ask for a 45-49 health check appointment with an Allied Health team member linked to the doctor of your choice.

Advance Care Planning

Advance care planning involves thinking of your wishes for future care. Especially focusing on what you would want if you became unable to make your own decisions.

Advance care planning allows us to make "directives". These directives can be:

- (i) instructional: about specific treatments we would want or would refuse (legally binding) or
- (ii) values directed: outlining your views and values so that others making decisions in the future have a good sense of what you would want for yourself.

For more information put the words *Better Health Channel advance care plan* into your search engine.

The Office of the Public Advocate has published the booklet "*Take Control*" - this describes the process and contains copies of the official forms "Advance care directive", "Appointment of a medical treatment decision maker", and "Enduring power of attorney appointment".

Our nurses who do annual health assessments for those 75 and over have copies of "*Take Control*" on hand and encourage patients to make an advance care plan.

However, age and current health status should not stop us from thinking about our wishes, discussing them with loved ones and making an advance care plan now.

We don't know what the future holds.

Access to services for the aged



Older people living at home may be eligible for a range of services such as home help, showering, meals, walking aids etc. Eligibility depends on your health & welfare status and needs.

Last year the Government changed the way people access services. Those over the age of 65 must now be assessed first through the *My Aged Care* service (web or phone based) to determine eligibility for services.

It can be helpful for relatives to help out with the process as it is lengthy and can be confusing. Waits for services have been long so early discussion with family when your needs are changing can avoid crisis management later.

Whatever your requirements, you need to contact My Aged Care – call 1800 200 422 and they will refer you to the appropriate aged care services.







For those who have no one to help or if the system is too confusing, Donna Devlin, Home Care Manager at our sister company New Aged Care, can help with the process.

Call Donna on 0428 487 979 or call New Aged Care on 5427 2002.



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Sarah Gill - 0414 079 562

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Woodend Wellbeing

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Do you feel held back by negative thought patterns or
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journey to wellbeing?

Sometimes we need a little help, sometimes we need
to make space and take time for ourselves to really dis-
cover what is holding us back and to explore ways of
moving forward that suit us, as unique individuals.

My name is Anna and my practice involves helping
clients to move forward and break down barriers that
may be preventing positive change and growth.

I am a qualified nurse, counsellor and coach and my
passion lies with the transformational power of coach-
ing. My wellbeing coaching practice draws on evi-
denced-based psychology theories. I utilise strength-
based approaches such as solution-focused therapy; a
future focused and goal-directed approach and posi-
tive psychology which assists individuals to identify
strengths that can support them to flourish. I utilise
mindfulness practice and assist clients to uncover ha-
bitual patterns of negative self-talk which can lead to
anxiety and crippling self-doubt.

If you feel you may need someone to walk alongside
you and support you in making positive sustainable
change, contact me for an appointment.



WOODEND
WELLBEING

Wellbeing through Awareness

The best the way to take care of the future
is to take care of the present moment.

Thich Nhat Hanh

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Contact for an appointment

Anna Inkster, BScNurs, DipCouns, BCouns(Coaching)

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A world-class mountain bike park for the region

Off-road biking enthusiasts are keen to make the Macedon Ranges a magnet for mountain biking. Last month, the Macedon Ranges Mountain Bike Park working group kicked off a community consultation aimed at establishing a world-class mountain biking destination in the region.

Simon Spencer says the working group's vision is to "really promote mountain biking across the Macedon Ranges." There's potential for a park to attract world tourists to the region. "Mount Macedon actually has the potential to be unique among mountain biking destinations that include Blue Derby in northeastern Tasmania and trail networks in Rotorua, New Zealand; and Whistler, Canada. It's one of the closest to a major international city and is the best-connected to public transport."

Jobs are also a benefit, with locals likely to enjoy high-quality job opportunities including those in track building and maintenance, and guiding, for what is a year-round sport, he says.

A foundation principle for the project will be protection of the environment, which Mr Spencer says has been shown to be achievable when done right; with signposting, by avoiding environmentally sensitive areas, and by managing drainage.

The group will continue to consult with the community and develop a draft strategic plan to map the way forward.

The working group calls on Woodend community members to reach out if they're interested in having a say. The public Facebook group of local social enterprise Wilkinson's Wheels (www.facebook.com/groups/wilkinsonswheels/) will be kept up-to-date with the latest on the project, including working group meeting dates.

WRITTEN BY KELLIE FLANNAGAN

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Wilkinson's Wheels needs you

to help our wheely spoke-tacular small-picture venture Wilkinson's Wheels is a volunteer group in the Macedon Ranges that recycles tired bikes. Some of the bikes we fix are sold to raise vital funds for Macedon CFA. Others are sponsored to provide bikes for families in need. This year, we have a goal of getting 50 kids from vulnerable families on bikes by the end of winter.

You can help us reach that goal by forking out a bit of time at the Macedon Bike Shed. It's loads of fun, and a great chance to socialise and meet new people. We provide all the gear and you don't need any experience. It doesn't require a big commitment, and most importantly, it's all for a great cause!

Who? Everyone is welcome

Where? The Bike Shed, Macedon Nursery and Garden Supplies, Nursery Road, Macedon

When? Thursday mornings through Autumn and Winter from 9.30am to 1pm

Saturday 2pm to 4pm every fortnight

16 & 30 June, 14 & 28 July, 11 and 25 August

More information - please call Lara 0424 599 168 Bronwyn 0409 284 141 Maureen 0407 066 140 or just show up on a Thursday morning to join in!

SUBMITTED BY PHIL WILKINSON



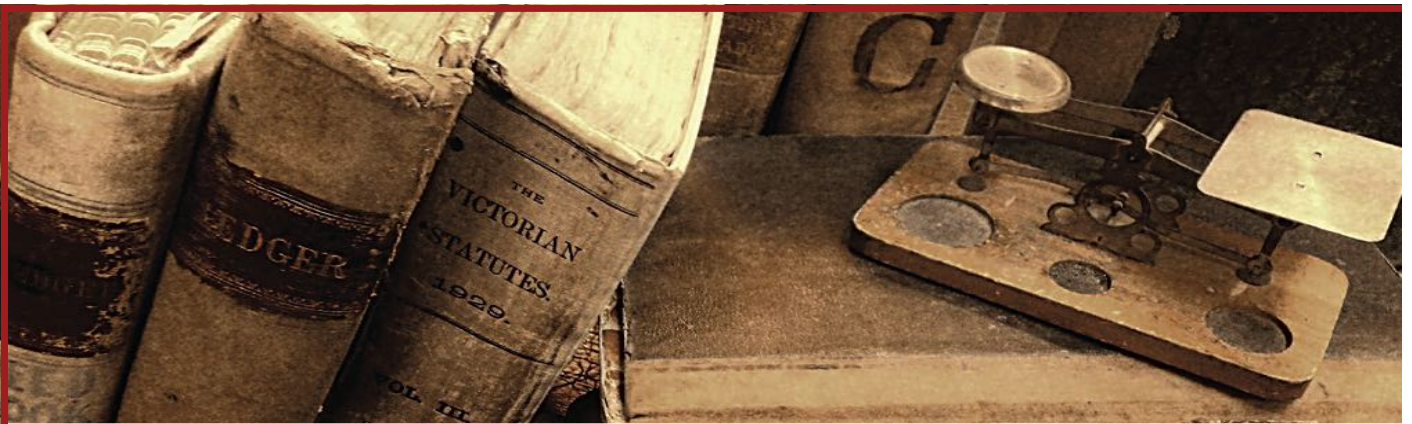
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Woodend RSL News

Anzac Day at Woodend was a large and respectful commemorative event. The Gunfire Breakfast was provided by the RSL Women's Auxiliary, and the traditional march from High Street was cheered on by a large crowd. We paused for wreaths to be laid at the Vietnam Veterans Plaque and at the memorial clock-tower. The marchers included veterans, ex-service men and women, the Kyneton Municipal Band, the Australian Defence Force Catafalque Party, Army Cadets from Braemar College, Scouts, Guides, a couple of mounted horse riders, many young supporters and a couple of dogs.

This was followed by an Anzac Day Service, including a wreath-laying at the Cenotaph in front of Woodend RSL. We had representatives from local, state and federal governments

present to hear our guest speaker Dr Frank Donovan OAM. A large number of community members were there (estimated at about 2500), and many participated in refreshments after the service. Our Appeals Officer would like to thank all members of the community who purchased Anzac Day badges. We are sure the veterans who benefit from this welfare greatly appreciate your support.

SUBMITTED BY: PETER WHITELAW,
PRESIDENT, WOODEND RSL

RSL Women's Auxiliary

The Women's Auxiliary hosted over 300 attendees at a sumptuous and free morning tea and lunch in the RSL Clubrooms. A day of remembrance and camaraderie for all!

Don't forget the first Sunday of the month is our very pleasant Jazz afternoon starting at 2pm, and the third Sunday of each month is Rock 'n Roll.

PATRICIA LEONARD, PRESIDENT, WOODEND



Faith Zock from St Ambrose School assisting in the laying of the wreath ceremony hands a wreath to Students representing Braemar College.

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Winter Wine & Dine, Redesdale A free entry event to held on Saturday & Sunday 9 & 10 June 2018

Redesdale is again host to the 3rd Annual Winter Wine & Dine Festival- a celebration of winter, our passionate local producers and their wonderful produce. There will be lots of opportunities to taste the fruits of our labour, sip some local wines, eat some fabulous food by an open fire and enjoy some great local music.

Redesdale, Barfold and surrounding areas, feature some of the best and most awarded olive and grape growing regions in Central Victoria and the World; and scattered amongst these are some of the finest beef and lamb producers in Victoria.

It's not only wines and olive oils, there will be walnuts, chocolates, home-made icecream, puddings, preserves and some spectacular cheeses.

The Redesdale Hotel will be a hub of activity with meals available all weekend and right next door is the Redesdale hall where we will feature local wines, and local produce you can sample and purchase.

There is bocce on the bocce court, open fires and lots of activities for

Children.

The Redesdale Hotel will be serving a selection of winter dishes featuring the local produce-fed beef from Barfold or an antipasto featuring local game, salamis, cheese from Goldfields and Sutton Grange, organic fruit from the Harcourt orchards, freshly baked Artisan breads from local bakers.

Many of the producers featured will be there to talk about their produce.

Camping is available for those with caravans or stout constitutions for the wintry conditions.

Winter Wine & Dine Redesdale is an event to showcase the specialties we have in our unique little region of Victoria and all the good things that go with it. It will feature a focus on food and a great country experience.

This is a FREE event. It promises to be bigger and better than last year.

For more details please call Beth and Garth at The Redesdale Hotel on 4405 0601

or follow us
on <https://www.facebook.com/winterwineanddine>

SUBMITTED BY SANDRA AITKEN



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Wine review

Patrick Eckle's

We have well and truly hit winter in the Macedon Ranges, moving into red weather territory. The wines reviewed this month include an exciting first release of Gamay from Lyons Will Estate, and a great quality Cabernet blend from Granite Hills that has already enjoyed some time in the cellar. Stay warm and enjoy some good red!

2012 Granite Hills The Gordon

If there is ever an endorsement for the virtues of cool climate viticulture for the classical Bordeaux varieties of Cabernet Sauvignon, Cabernet Franc and Merlot then this is it. The wine is named after Llew Knights father Gordon.

The wine has been held back in bottle for 5 years prior to release and this has allowed the wine to develop a wonderfully complex nose of blackberry, violets and graphite with a haunting array of cigar box like spice.

The palate has a firm backbone of both acid and tannin, with Cabernet Franc in particular shining through with black liquorice and tar that works in concert with blackberry and black currant. Oak gives a dusting of spice and supple richness to the wine. The finish has incredible length of cassis and understated spice.

Rating: 95 | Price: \$30 | When to Drink: 2018 - 2040

2017 Lyons Will Estate Gamay

This is the first release from Lyons Will, and an exciting one for not only them but also the Macedon Ranges! The region has plenty of its burgundian stablemate of Pinot Noir, but to my knowledge this is the only commercial Gamay!

Two thirds of the grapes were destemmed and cold soaked for 5 days, with the remaining whole bunches undergoing a semi-carbonic maceration prior to basket pressing and ageing in old oak for 10 months. The final wine was bottled unfined and unfiltered.

A pretty light red with some youthful purple hues. The nose gives violets, crunchy raspberry fruit and freshly tilled earth. A vibrant wine with a finely crafted line of tannin that enjoys cranberry like grip, in terms of fruit there is a continuation of the violets and raspberries with a taut edge that keeps you on your toes.

The finish is layered with earth and red berry fruit, lingering tartness makes this a great accompaniment for food. An impressive release that is as pretty as it is primary.

Rating: 94 | Price: \$37 | When to Drink: 2018 - 2022

BY PATRICK ECKEL

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This month we introduce one of our local members, the Rev'd Mel Clark, and look at one of Rotary's most important projects: cleft-palate operations in Bangladesh.

Member in profile

Rev'd Mel Clark



Photo Rev'd Melissa Clarke and husband Ray

I moved to Woodend two and half years ago. Landing the Parish of Woodend-Trentham is a bit of a dream job I think, as I moved from the hustle and bustle of Sunshine to the peace and beauty of this town.

As part of introducing myself to the community, and as a way of making friends in my new home town, I decided to join Rotary. It was a great decision.

The projects that have really made an impact on me have been those involving children. It is incredible to think that only a few dollars, the cost of fantastic Woodend coffee, can make such a huge difference in a child's life. Every week we have our fun 'egg auction,' where we auction a dozen eggs as part of our cleft-palate project support. It doesn't sound like a dozen eggs could fetch a lot of money, but each week we gather our loose change and raise about \$100! In 2017 we raised enough money to fund ten operations.

The other project that has made an impact was the Wheelchairs for Kids project providing wheelchairs for children, some victims of land mines, in impoverished countries around the world. It was great to see the St Ambrose students and the knitters of St Mary's Church work together to raise money for the chairs and provide knee-rugs for the recipients. It was a true joy to see the cross-over in community groups.

SUBMITTED BY REV'D MELISSA CLARK

My trip to Bangladesh

The Rotary club of Woodend raises money every week through its egg auction to fund cleft palate operations in Bangladesh. Local member Rosemary Guyatt shares her personal experience of visiting the camps on her recent trip to Bangladesh.

'I can't honestly say that Bangladesh was on the top of my travel "bucket list", but a few things coincided this year and the next thing I knew, I was invited to attend a Human Resources conference in Dhaka - and at the same time I was also learning more about Operation Cleft and the surgical camps that are conducted around often remote, regional areas of Bangladesh. Being in a highly-populated and very poor country, Bangladeshi children born with cleft palate/lip don't have access to surgery that resolves this condition. In wealthier countries, this surgery would be undertaken at a young age and the cleft palate/lip repaired to become

barely visible.

Operation Cleft in Bangladesh is made possible by the humanitarian project of the Rotary Club Box Hill Central, supported by other Rotary Clubs around Victoria.'

The Woodend connection: Rotary Woodend has been contributing to Operation Cleft over the past 6 years. If you have ever attended a club Woodend meeting, you would be aware that every Thursday night, there is an egg auction that involves a dozen local eggs (mostly free range), lots of small change and an auctioneer. At each auction, anything between \$60-\$100 is raised to buy the dozen eggs which in turn contributes directly to Operation Cleft. With each operation costing around \$370, the Operation Cleft Australia Foundation has raised enough money for some 11,600 operations over the last 12 years, all conducted by top Bangladeshi plastic surgeons.

The before and after surgery photos of young children requiring cleft surgery are inspiring. These children's (and their families) lives are transformed through this surgery. Their wide smiles are amazing and provide hope of a much brighter future with the prospect of better health, education, social inclusion and employment.

If you would like to donate - please go here <https://operationcleft.org.au/>

WRITTEN BY ROSEMARY GUYATT GENERAL MANAGER OF PEOPLE & CULTURE, HR INSTITUTE AND VOCATIONAL DIRECTORE, ROTARY CLUB OF WOODEND



Pic caption. Rosemary [third from the right] with the cleft palate team at Barguna hospital, Bangladesh

Rotary Woodend has a diverse and inclusive membership base, where everyone from our local community is welcome. We meet every Thursday evening at 6.45 pm at the Vic Hotel in Woodend. We share a meal, often with a guest speaker, discuss our local and international projects and enjoy good company and a few laughs. If you'd like to come and see if Rotary is for you, just come along or contact Mike Hamer on 0411549432 and we'll organise your visit.

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Thank you O'Callaghan Brothers.

The Rotary Club of Woodend would like to express a deep appreciation to Mick and Brendan O'Callaghan who generously donated a trailer load of quality hard wood for Woodend Rotary annual wood raffle. The raffle generated just over \$1,000 which will go towards funding our youth leadership and educational programs.



The Winner of the raffle was Shaun Daly of Woodend who donated it to his neighbour Martin.

SUBMITTED BY JOSEPHINE
FALZARANO, COMMUNITY DIRECTOR

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Educational Insights

What is Positive Education?

Positive Education combines the science of Positive Psychology with best practice teaching; encouraging and supporting children and young people in our community to flourish. Everyone faces difficult times at some stage in their life; Positive Education helps our young people to develop stronger relationships, to build positive emotions and to have increased resilience - in other words, strategies to cope with potentially stressful situations.

In addition, the promotion of mindfulness (being present in the moment) and encouraging individuals to lead a healthier lifestyle lead to better overall wellbeing.

Positive Psychology is not limited to children and young people; it is something which can be embraced by the wider community, within businesses, schools and homes.

Below, I have outlined a few simple changes you can make in your life now, to reap the benefits.

Mindfulness:

Mindfulness is not only the act of meditation, although this is a very useful undertaking, it is simply being present in the moment, paying attention and being purposely aware.

Ways to be mindful:

- Focus on your breathing – what do you feel physically? The air coming in. The air going out. Your diaphragm moving.
- Take a walk in nature, noticing what you can see, what you can hear, what you can touch and what you can feel.
- Eat a meal slowly and mindfully, focusing on the flavours and textures of the food.
- Draw or colour – being absorbed in the action of drawing or colouring.
- Stroking a pet.
- Doing household chores – being absorbed in the task at hand and experiencing it with your senses.

There are many more ways to be mindful; the more you look for them, the more you'll find! As a Catholic school in the Mercy tradition we promote prayer and reflection of our values to promote mindfulness.

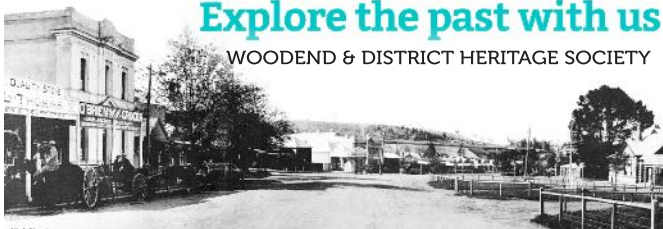
SUBMITTED BY ABIGAIL BRADBURY, POSITIVE EDUCATION LEADER AT SACRED HEART COLLEGE
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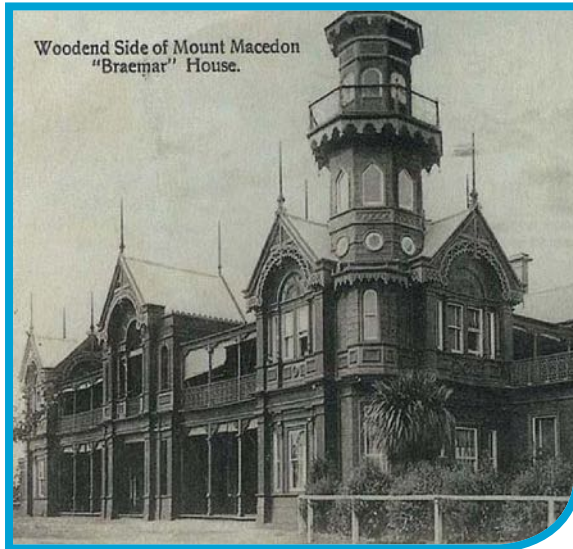
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The Phantom Tiger



mining man, had a pair of double express rifles sent up to his magnificent summer residence 'Braemar House', situated on the north-west slope of the mount. He was taking no chances and was ready for anything as sightings continued to be reported. It was said these weapons had the kick of a mule and were actually made for shooting elephants.

Perhaps things would have settled down in due course,

Sightings of wild animals have been reported in Victoria throughout the years, causing alarm to the impressionable and merriment to the unbelieving. In March 1895 rumours were circulating that a tiger had been sighted on Mt Macedon. The people of Melbourne shrugged it off, but the residents of Mt Macedon took another view and the Melbourne Argus of the time wrote a lighthearted article about the incident, dubbing it the Tantanoola Tiger

It was reported that Mr W P MacGregor, a well-known Broken Hill

but one Saturday at the beginning of March two very excited gentlemen arrived at Mr Coop's Newham Hotel in a buggy and reported that they had just seen the creature beside the track they were driving on ...

...to be continued next issue

If you enjoy our column about the history of this district, please help us to continue to document and share our history by becoming a volunteer at the Old Courthouse in Forest St. Even an hour or two of your time will be welcome. Come by and meet our friendly group 10am-12.30pm and 1.30-4pm every Wednesday.

SUBMITTED BY JANNYSE WILLIAMS

New exhibition gives mayoral chain a makeover

One of the last pieces of civic ceremonial costume, the mayoral chain has been reinvented in an exhibition opening at Kyneton Town Hall on Tuesday 12 June at 11am.

Mayoral Chain brings together the work of ten contemporary artists, who have each re-imagined this traditional emblem, incorporating materials such as beach debris, drinking straws, kangaroo teeth, biscuit tins and denim in their innovative creations.

These carefully-crafted, ornate

objects convey the many layers of history, status and community pride, and allow contemporary artists to explore the idea and aesthetics of the mayoral chain as modern adornment.

Mayoral Chain is part of Craft Victoria's regional touring program, and showing from Friday 8 June until Friday 24 August at Kyneton Town Hall, 129 Mollison Street.

The exhibition is free, and will be open Monday to Friday from 10am to 3pm.

Free tours and workshops for students

Council is offering free school tours and workshops in conjunction with the Mayoral Chain exhibition, which

include s a tour of the historic Kyneton Council Chambers.

Cr Natasha Gayfer said the tours and workshops offered students a deeper insight into the role and responsibility of local government.

"Topics like citizenship, diversity and democracy will all be explained during the tour, with the idea being that students walk away with an increased understanding of how they can be part of the democratic process."

For more information, visit mrsc.vic.gov.au/buytickets or call 1300 888 802.

SUBMITTED BY LEANNE M

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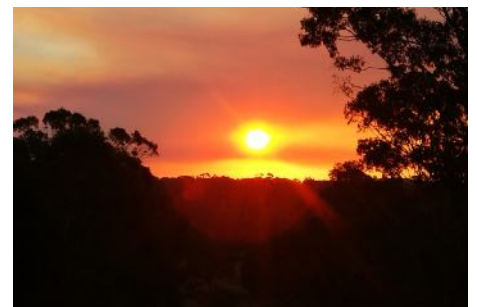
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Woodend Bowling Club

It's hard to think that it's nearly two years since I reluctantly accepted the nomination to be President of the Woodend Bowling Club. However, it has been an experience that I will never regret.

It has been an honour to represent the Club in many ways, and I believe that we have achieved a lot in the last 24 months.

Woodend bucks the Trend

Woodend Bowling Club has had a great season of Barefoot Bowls, with a group of 40 recently from Essendon arriving on the 'Party Bus' for a couple of hours of 'bucks party' social bowls. A great time was had by all, in the beautiful autumn sunshine, at our very picturesque country club. Thanks to Norm, Anne and Mike for looking after the boys. If you're looking for a great venue for a function, with some fun bowls, you know where to come!

Braemar Bowls Champions

Woodend Bowling Club recently hosted a group of students from Braemar College for several sessions to introduce them to the game of lawn bowls. As usual, they discovered that it is not as easy as it looks.

It culminated in a Grand Final, which was played after a rapid-fire round-robin tournament. Daphne and Holly were the best team with 10 ahead of Bailey, Liam and Genevieve with 9. They played off in a two-end Final with Daphne and Holly winning 2-0.

It was great to host the Braemar students over the three sessions, and are sure

they enjoyed it as much as we did.

Congratulations to Josh Thornton

Josh is our Bowls Vic and Bowls Australia representative, working closely with our Club as we move forward. Josh was also selected to represent Australia at the recent Commonwealth Games on the Gold Coast, and he has now added a Gold Medal to his impressive bowls resume. Josh combined with Tony Bonnell and Ken Hanson to deliver Australia the open B6/B7/B8 triples gold medal in a nail-biter, 14-13, against New Zealand at the Broadbeach Bowls Club. Contact 0448 769 366, visit our website at www.woodendbowlsclub.weebly.com.

SUBMITTED BY MIKE DORNAU, PRESIDENT

WOODEND BOWLING CLUB INC.

Notice of the Annual General Meeting

This year's Woodend Bowling Club Inc. AGM will be held in the clubrooms on Sunday 3 June commencing at 2pm. All bowling club members are requested to attend as all Board and Match Committee positions will become vacant, and voting will be carried out to fill all of these positions.



Woodend CFA

We recently held biennial elections for the various management positions in the Brigade for the next two years.

Mike Dornau was elected Captain, to fill the big shoes left by Mick Christie who recently stepped down after 17 years in the role. 1st Lieutenant Kim Tully, 2nd Lieutenant Steve Ritchie, 3rd Lieutenant Malcolm Judd and 4th Lieutenant Paddy Callaghan. Treasurer Steve Ritchie was returned along with Secretary Annette van Huffel and Communications Officer Keith Mason. Then other members of the BMT (Brigade Management Team) are Community Safety Officer Sue Hobbs and Member Support Stewart McKinnon.

Mike Dornau and Kim Tully were also voted as Group delegates with VFBV delegates being Brad Dean and Simon Tuohey. Other key positions included: Community Safety Assistant Mike Selby, FEM Manager Kate Daniel and Assistant Paul Newman, Training Officer Kim Tully and Assistant Rob Marsh, OH&S Steve Ritchie and Assistant Gary Hobbs, Equipment Assistant Troy Bowen, Communications Assistant Sam Bahgat and Member Support Assistant Sue Hobbs.

Annual dinner marks the start of a new era

We enjoyed our annual dinner on Saturday 5 May, with MC Stewart McKinnon. Special guests included Operations Officer Andy Waterson and outgoing Captain Mick Christie and his wife Leanne. New Captain Mike Dornau represented everyone there with an Eye Pad!

5 year Certificates were presented to Ned Brook, David Laity and Andrew Purcell. A 10 year medal to Rene Vroombout. 15 year medals to Keith Beman, Mike Dornau, Rhys Lade, Stewart McKinnon, Steve Rumble and Andrew Wilson-Annan. A 20 year medal to Evan Colban and a 35 year medal to Keith Mason.

The Member of the Year Award went, for the second consecutive year, to Troy Bowen ahead of Kate Daniel, Paddy Callaghan, Gary Hobbs, Sue Hobbs, Mike Selby and Geoff Wells.

The Captain's Award went to Ned Brook for being 'flat out' on a TFB, as well as a special Rumble Seat presented to Steve Rumble.

A huge thank you to the key organisers Sue Hobbs, Kate Daniel and Annette van Huffel, as well as member David Laity for donating the wine and the generous Woodend businesses who donated raffle prizes.

SUBMITTED BY MIKE DORNAU 0409 093



SPORTS NEWS

Local basketballers finish in top eight

Macedon Ranges basketball players achieved fantastic results at this year's Country Championships with our Under 14 girls making it all the way to the Division 1 quarter finals. That placed them in the top eight teams in country Victoria for 2018.

Under 14 girls



Our other teams also fared well, with both the Under 16 boys and girls making the quarters for Division 3 and the Under 12 boys making the Division 3 Grand Final, losing to a polished team from Leongatha. The Under 19 boys made a good show, finishing in the semi-finals for Division 5.

Under 12 Boys ep teams



Well done to all the players, as well as the coaches, parents and other volunteers who took the opportunity to represent the region in basketball possible again this year.

The great results are testimony to the flourishing development program for basketballers in Woodend. We have had a terrific turnout for Aussie Hoops again this term and there are 160 kids playing for Woodend Hawks in the Sunbury Basketball Association competition over winter. Last season Woodend Hawks took out six grand finals in Sunbury – a great achievement for our players.

Over winter the Macedon Ranges Basketball Assoc has the Aussie Hoops and All Abilities programs as well as the Open Men's comp on offer in Woodend, with the Primary and Secondary competitions set to return in Term 4. For more information on local basketball, visit www.mrba.net.au.

SUMMITTED BY NICOLE COOPER



Macedon
Ranges
Shire Council

Aquatic &
Leisure Centres

Register now for women's basketball

Join the fun and come along to our women's daytime basketball competition.

New and experienced players are welcome.

Thursdays, 9.30am.



The Stadium, 95 Melton Road, Gisborne
Call 5428 1619 or visit mrsc.vic.gov.au/thestadium



WOODEND HANGING ROCK PETANQUE CLUB

Bastille Day at Hanging Rock

Pétanque and a Feast

Sunday 15th July 2015

Registration 9:30 am – play starts 10:00 am.

Social players most welcome

David Shaw, secretary@petanqueattherock.com.au

Preventing dog attacks in our community

Macedon Ranges Shire Council is asking dog owners to check their pets are adequately confined to their properties following a series of recent dog attacks. Council officers responded to a number of reports of dog attacks recently, some which were very serious, with livestock, wildlife and

pets being injured or killed.

If residents see a dog wandering, especially if it is displaying threatening behaviour, call Council immediately so officers can try and prevent an incident from occurring.

For further information on dog attack prevention or on responsible pet ownership, contact Council on 5422 0333 or email mrsc@mrsc.vic.gov.au, or <http://agriculture.vic.gov.au/pets>

Educational Insights

A feature providing insight into topics of interest in education and ways of supporting your student through the secondary years – provided by members of staff of Sacred Heart College Kyneton.

The first article written by Abigail Bradbury, Positive Education Leader at Sacred Heart College Kyneton is on page 27.

Cyber safety - be informed!

On Wednesday 2 May Sacred Heart College welcomed guest speaker Dr Michael Carr-Gregg for an information evening on Cyber Safety as part of the College's Parent Engagement Program. Dr Carr-Gregg, one of Australia's highest profile adolescent and child psychologists and a resident parenting expert on Channel 7's Sunrise, provided an informative presentation titled 'Real wired child - What kids are doing on line and how to keep them safe.'

Over 250 parents from a variety of schools attended this informative session which outlined the positives of technology as well as the challenges of cyber safety. A number of useful websites to help support parental

understanding of the issue were provided, in particular iparent, an Australian Government website which provides vital information for parents about the digital environment with a focus on safe online experiences.

One of the strong messages throughout the night was the importance of parents keeping informed about websites and apps their children may be using, as well as knowing where to access information to support conversations about digital safety.

Following the hour-long presentation, parents were provided with the opportunity to ask questions of Dr Carr-Gregg and share their experiences.



Photo Dr Michael Carr-Gregg at the recent Cyber Safety presentation

Photo: College Principal Craig Holmes, Vice Principal Julie Mortimer and Guest Speaker Dr Michael Carr-Gregg

College Principal Mr Craig Holmes said "This event provided a fantastic opportunity for parents of the College and broader community to empower themselves with knowledge relating to cyber safety, the risks and ways students can be supported as they face the challenges of growing up in this digital world. We look forward to continuing this and other important topics affecting adolescents in future events in our Parent Engagement Program."

For further information, please contact: Marketing & PR Officer Jenny Baldwin - 54211 200 jbaldwin@shckyneton.catholic.edu.au

SUBMITTED BY JENNY BALDWIN

Sacred Heart College Kyneton

A Vibrant Learning and Caring Community

Join a college tour, see us in action

Tour Dates

Wednesday 6 June (Principal's Tour), Tuesday 17 July

Tours commence at 9am - Bookings Essential

Important Enrolment Information

27 July 2018 - Enrolment applications close for Year 7 2020

Limited places are available for 2019 enrolments

Visit the website for tour bookings or contact our College Registrar for enrolment enquiries:

T: 5421 1200

E: dlawrence@shckyneton.catholic.edu.au

W: www.shckyneton.catholic.edu.au

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